



3. Make sure to be prepared on a daily basis

③ Prepare emergency bags

Emergency bags Be prepared so that you do not panic in an emergency.

Valuables

- ID
- Health insurance card
- Personal name stamp
- Bankbook
- Cash (Including small change)



Medical supplies

- Daily medications
- Antiseptic solution
- Medicine pocketbook
- Thermometer
- Masks



An emergency bag that suits you

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Small tools

- Flashlight
- Radio
- Batteries
- Mobile phone, Charger



Bags

- Garbage bag, Plastic shopping bag
- Plastic bags with zipper

Food and Water

- Water
- Emergency rations



Other

- Tissues
- Wet wipes
- Towel
- Cotton work gloves
- Rain gear, Outfits for cold weather
- Slippers
- Tarp
- Extra clothes such as undergarments and outerwear
- Pen-and-pencil set
- Sanitary goods



Emergency stockpiles

- Canned food
- Ready-to-eat food
- Instant rice
- Water
- Tabletop stove, gas cylinder



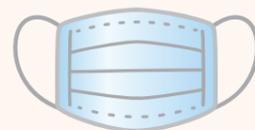
Stockpile of food so that your family can survive for at least 3 days (7 days is recommended) in case of prolonged inundation.

Measures against infectious diseases in the event of disaster

● Check your emergency bags

Be prepared as possible as a measure against infectious diseases while staying in the evacuation center.

- Masks
- Hand sanitizer
- Disinfecting wipes
- Thermometer



● Be careful while spending time in the evacuation center

- Wear a mask when evacuating.
- Before entering the evacuation center, there will be a station to check your temperature and health condition.
- Frequently wash hands and observe proper cough etiquette.
- Maintain a sufficient distance from other evacuees.

④ Learn the guidelines for time of evacuation

The first principle for evacuation is to "walk" at your own discretion, before inundation occurs!

● Evacuate before the inundation begins!

When inundation starts, your feet may be caught in the current, even if the depth is shallow. There are also the dangers of falling into ditches, manholes, channels, etc. as they are not visible.

● Use your own discretion to evacuate!

Try to evacuate at your own discretion based on disaster prevention weather information, evacuation information, etc.

● You should always evacuate on foot!

Your car may break down or there may be traffic.

- Before going out, turn off the electric breaker, turn off the gas main, and then evacuate.



- When evacuating, wear comfortable clothes and shoes and try to move in parties of two or more.



- It is difficult to judge the surrounding conditions and dangerous to evacuate at nighttime. You should evacuate before it gets dark if possible.



- If inundation begins before you evacuate, protect your own life by moving to the 2nd floor of the building or higher.



- If you have difficulty evacuating on foot or if you live in a mountainous area where you need to move by car, start evacuating early, before the rain gets heavy.



Evacuate before inundation begins, even if you evacuate by car!

Evacuate immediately if you notice early signs of landslide!

You should evacuate to a safe place immediately and notify Ibaraki City, police, fire station, etc. if you notice any signs as shown on the right.

Even if "Landslide alert information*" to notify of the possibility of landslide is not issued, you should evacuate anyway, and not worry if it ends up as a wasted trip.

*Landslide alert information will be jointly announced by the Japan Meteorological Agency (JMA) and prefectures when the risk of landslide increases due to heavy rain. When this information is released, it is highly likely that a landslide will occur, so be vigilant.

