



# Earthquake! Then, what should you do at first?

In the Hanshin-Awaji earthquake, when the shaking began approximately 40% people said "There was nothing to do I could." It is essential to bear in mind on a daily basis what to do if a disaster were to strike.



## On the street

Stay away from buildings as concrete block walls or vending machines may fall down.

## On a bus and train

Firmly grasp a strap or handrail.

## While driving.

Carefully slow down and turn on your hazard lamps to attract the attention of other drivers.



## Stay calm and ensure your safety!

### Protect yourself first.

### Two to five minutes later After the shaking stops

### Secure your safety

### 5 to 10 minutes later Prepare for evacuation

### 10 minutes to several hours later Confirm the safety of neighbors in gathering places in the community.

### Several hours to three days Cooperate together

- Take three safety actions!  
Keep your posture low, protect your head, and stay still.  
→ Hide under a table or desk. (Stay away from glass and furniture)  
Try to put out any fires after the shaking stops.

- Handling of fire  
It is said that slow but strong shaking continues for 1-2 minutes in the case of a Nankai trough earthquake.

- Open a door or window to secure an escape route.
- Confirmation the safety of the family.
- Put on slippers or shoes to prevent injury.
- If the fire breaks out, put it out as soon as possible.

- Secure emergency supplies.
- Collect information by TV internet and radio.
- Turn off the gas and electricity breaker.

- Cooperate with voluntary disaster prevention organizations for firefighting and rescue activities.
- The household of the person in need the best consideration should take priority.

- Stock food and water and provide to those in need.
- Collect information on disasters and damages.
- Don't enter damaged or collapsed buildings.

When a building seems to have fallen down, please go to the evacuation site.

➔ Central page evacuation site map

If there is a person with "an SOS card" (central page), help each other.



In case of a fire.

## Three Principles for Fire Control. Shout "fire", Extinguish the fire, Escape

The extinguishing of fires in the early stages prevents the spread of fire to the neighboring areas. We should actively participate in voluntary disaster prevention activities to protect our areas and our homes.

➔ Daily Preparations P9 "Community Preparation"

[ Shout "fire" ] Call 119

[ Extinguish fires ] Put out the fire with a fire extinguisher or water, swatting with a cushion or covering the flames with a blanket.

[ Escape ] If the flames reach the ceiling, stop fire extinguishing immediately and evacuate. Before evacuating, close doors and windows in burning rooms to limit the air supply to the fire.

## Reassurance and Ibaraki City's Disaster Prevention Measures

### Earthquake Hazard Map

The city has outlined "place susceptible to shaking" on the Earthquake Disaster Prevention Map. Please confirm these locations in advance to minimize disaster.

You can also see web. Q Search Ibaraki City Earthquake Hazard Map

